

# Camping Checklist

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Resources for Busy Moms

## Shelter

- Tent/camper
- Bedding
  - Sleeping bags
  - Linens/Blankets
  - Pillows
  - Cots/pads
- Tent poles/stakes
- Rope
- Ground cloth
- Rain fly
- Assorted tarps
- Rugs (inside/outside tent/camper)

## Food

- Preplanned meals/beverages (water)
- Coffee/tea/hot cocoa
- Snacks/trail mix
- Ice for cooler/s
- Cooking
  - Pots/pans/griddles/grills/racks
  - Utensils
    - Large cooking spoon/s
    - Pancake spatula/flipper
    - Tongs/cooking fork
    - Skewers (marshmallow toasting)
    - Large sharp food knife
  - Hot pads
  - Foil
  - Zippered plastic bags (assorted sizes)
- Plates
- Cups (hot and cold)
- Knives, forks, spoons
- Fire starter/charcoal/wood (for campfire)
- WATER (water purification method)
- Can-opener

## Games/Recreational

- Fishing/hunting equipment
- Any needed safety equipment (helmets, etc.)
- Children's games
- Adult games
- Other recreational activities, such as biking/hiking/skiing, etc.
- Backpack/daypack for hiking

## Toiletries

- Soap
- Deodorant/anti-perspirant
- Toothbrush/toothpaste
- Razor
- Toilet paper
- Tissues
- Hair care items
- Assorted personal items (remember scented items may attract insects and animals).

## Cleaning

- Pre-moistened wipes
- Rags
- Towels
  - Face
  - Hand
  - Body
  - Dish
- Dish soap/cloth
- Hand soap
- Paper towels
- Hand sanitizer
- Small broom

## First Aid

- Antibacterial cream
- Band-aids-assorted sizes
- Gauze/medical tape
- Medical scissors
- Insect bite ointment
- Elastic wrap
- Sunscreen/Aftersun treatment
- Painkiller
- Tweezers
- Bug repellent
- Personal medications/over the counter meds.
- Lip balm

### Safety First!

Leave a copy of your vehicle description and itinerary with someone at home.

