Grocery List

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Resources for Busy Moms

Canned Goods	Quantity	Size

Non-food	Quantity	Size

Produce	Quantity	Size

Cereal/Snacks	Quantity	Size

Meats	Quantity	Size

Dairy/Frozen Foods	Quantity	Size

Deli/Beverages	Quantity	Size

Bread/Bakery	Quantity	Size

Misc.	Quantity	Size

Mom, if you are feeling overloaded, give yourself the reward of *saved time.*

Let someone else figure out your grocery list and dinner menu for you each week.

It's so easy to try out. Click on the link or type it into your browser for more information.

http://www.dinewithoutwhine.com/paintedgold